



RACQUETBALL



RANDOM COURT TIME Center Court Fitness Club has 4 racquetball courts. Courts can be reserved for random play except during racquetball or wallyball leagues, tournaments, and special events. Reservations are limited to 1 hour and can be reserved in person or by phone at the customer service desk up to 1 week in advance.

Court Rates: Gold Member - Free
Fitness Member - \$4.00 + tax
Non-member - \$10.00 + tax

FREE INTRODUCTORY RACQUETBALL LESSONS We offer one free introductory racquetball lessons to any member 16 years of age and older at the times listed below. The lesson will last approximately 30-45 minutes. Bring your tennis shoes and we'll supply the racquets and eyewear. Sign-up at the customer service desk.

Thursday (7:00 PM)
Jan. 8, 22 Jul. 9, 23
Feb. 5, 19 Aug. 6, 20
Mar. 5, 19 Sept. 3, 17
Apr. 2, 16 Oct. 1, 15
May 7, 21 Nov. 5, 19
Jun. 4, 18 Dec. 3, 17

RACQUETBALL 101 This 4-week lesson series for the new or inexperienced player emphasizes the basic fundamentals of racquetball. We'll get your game headed in the right direction with easy-to-learn drills and quality instruction. Sign-up at the service desk.

Cost: \$20 per person
Day/Time: Monday 8:00 - 9:00 PM
Dates: Current schedule is available at the front desk.

RACQUETBALL 201 Take your new racquetball knowledge and experience to the next level with one of our pros/instructors and a group of others just like you for 4 one-hour group lessons. Register at the service desk or call (746-2790).

Cost: \$40 per person
Day/Time: Monday 9:00 - 10:00 PM
Dates: Current schedule is available at the front desk

RACQUETBALL TOURNAMENTS

Feb. 20-22, 2009 USAR Deek's Classic
Apr. 3-5, 2009 USAR State Championships

PRIVATE LESSONS Are you stuck at a certain level and can't seem to improve, struggling with certain shots, or playing someone regularly but can't seem to beat them? If so, consider a private, semi-private, or group lesson with an Am-Pro Certified Instructor.

Lesson Rates	1 Hour	1/2 Hour
Private:	\$40	\$25
Semi-private:	\$30 each	\$20 each
Group:	\$22 each	\$15 each

Note: Non-members add \$5 to the prices listed above.

JUNIOR ROLLOUTS (Youth Racquetball Lessons)

This program is designed to introduce youth to the fast and fun sport of racquetball. It's easy and inexpensive to get started. Racquets and eyewear will be provided if you don't have them.

COST: (10 week session)

Level 1: \$35 Grades K-2 (Beginner)	Mon 3:45 - 4:30 PM
Level 2: \$60 Beginner/Intermediate (includes 1/2 hr. private lesson)	Mon. 4:30 - 5:15 PM
Level 3: \$75 Intermediate (includes 1 hr. private lesson)	Mon. 5:15 - 6:00 PM
Level 4: \$75 Advanced (includes 1 hr. private lesson)	Wed. 4:00 - 4:45 PM

Session Start Dates: Sept. 8, Dec. 1, 2008 Mar. 2, 2009

FRIDAY NOON DOUBLES Sign-up each week for pick-up games of doubles. This is limited to the first 16 players signed-up. Register at the service desk or call 746-2790.

Day / Time: Friday 12:00 - 1:00 PM
Cost: Gold Members - Free
Fitness Members - \$4.00 + tax
Non-Members - \$10.00 + tax

RACQUETBALL RUMBLE This is an Open-A level challenge court league. There are a maximum of 12 spots available each week. Open-A players have priority for spots.

Day / Time: Saturday 9:00 - 10:30 AM
Cost: Gold Members - Free
Fitness Members - \$4.00 + tax
Non-Members - \$10.00 + tax

RACQUETBALL LEAGUES Racquetball Leagues are limited to Center Court Fitness Club members only.

Fees: Gold Members - \$12 Dates: Aug. 25 - Oct. 20, 2008
Fitness Members - \$45 Oct. 23 - Dec. 19
Jan. 5 - Mar. 6, 2009
Mar. 9 - May 1

When:

Mon. C-D / 6 PM, C / 7 PM, C / 9 PM
Tue. B / 5 PM, Elite-A / 6 PM, B-C Db. 7 PM
Wed. C-D / 6 PM, B-C / 7 PM, Women's B-C / 8 PM
Thu. Elite-B Db. / 5 PM, B / 6 PM, D / 8 PM
Fri. Jr. I / 3:45 PM, Jr. II / 4:30 PM, Jr. III / 5:30 PM