



Quickstart Tennis & STAR TENNIS ACADEMY



Center Court Fitness Club, 1600 32nd Ave. S., Grand Forks, ND 58201 701-746-2790 (Phone) 701-746-2793 (fax)

Quickstart Tennis & Star Tennis Academy are designed to give students a variety of opportunities to expand their skills. This professionally taught program will offer skill appropriate levels for the beginner to national level players.

Fall Session: September 6 - November 19, 2011
See schedule on back page for excluded dates.

REGISTRATION DEADLINE IS SUN., AUGUST 29TH or until full. Class sizes are limited!! SEE LATE FEE BELOW.

Note: The tennis pros must approve the level participants enter. The following skill levels will include kids of different ages. Tennis skills participants should master prior to advancing to the next skill level are posted on the "Junior Tennis" board. Age, physical maturity, and attitude may also be used to determine the appropriate level. On average, students should expect to spend 4 or more sessions at each level.

QUICKSTART TENNIS/INTRODUCTORY PROGRAM

Levels 1 & 2 include professional instruction, a T-Shirt, and a Star Academy Pizza Party. Players use age appropriate racquets, balls, and court sizes which leads to greater success in developing skills and learning to play.

LEVEL ONE: (choose 1 day)

Grade K-2 Tues. or Thu. 3:30 - 4:30 PM or Sat. 1-2 PM
Grade 3-5 Tues. or Thu. 3:30 - 4:30 PM or Sat. 1-2 PM
Grade 6-8 Friday 4:00 - 5:00 PM
Grade 9-12 Friday 4:00 - 5:00 PM

Fee: Tue. \$70 Thu. \$70 Fri. \$63 Sat. \$63

LEVEL TWO: (choose 1 day)

Grade K-2 Tues. or Thu. 3:30 - 4:30 PM or Sat. 1-2 PM
Grade 3-5 Tues. or Thu. 3:30 - 4:30 PM or Sat. 1-2 PM
Grade 6-8 Friday 4:00 - 5:00 PM
Grade 9-12 Friday 4:00 - 5:00 PM

Fee: Tue. \$70 Thu. \$70 Fri. \$63 Sat. \$63

QUICKSTART TENNIS/DEVELOPMENT PROGRAM

Levels 3 & 4 include USA Team Tennis (Rallyball), a T-Shirt, and a Star Academy Pizza Party. These levels utilize 60' court sizes and age appropriate balls for practice and team play.

LEVEL THREE: All players will be assigned to a team.

Monday 4:00 - 5:00 PM and team play on
Wednesday 4:00 - 5:00 PM

Fee: \$189

or
Saturdays 2:00 - 3:00 PM and team play on
Wednesday 4:00 - 5:00 PM

Fee: \$180

LEVEL FOUR: All players will be assigned to a team.

Monday 4:00 - 5:00 PM and team play on
Wednesday 4:00 - 5:00 PM

Fee: \$189

or
Saturdays 2:00 - 3:00 PM and team play on
Wednesday 4:00 - 5:00 PM

Fee: \$180

STAR ACADEMY/COMPETITIVE PROGRAM

Levels 5 & 6 include a T-Shirt, Jr. Legends Tournament (to be used this session), 1/2 hr. private lesson (to be used this session), and the Star Academy Pizza Party.

LEVEL FIVE: Mon. & Wed. 5:00 - 6:00 PM LEVEL SIX: Mon. & Wed. 5:00 - 6:00 PM
Members - \$231 / Non-members - \$291

STAR ACADEMY/TOURNAMENT PROGRAM

Levels 7, 8, 9, & 10 include a T-Shirt, Jr. Legends Tournament (to be used this session), 1 hr. private lesson (to be used this session), and the Star Academy Pizza Party.

LEVEL SEVEN: Tue. & Thu. 4:30 - 6:00 PM Members - \$320 / Non-members - \$380

LEVEL EIGHT: Tue. & Thu. 4:30 - 6:00 PM Members - \$320 / Non-members - \$380

LEVEL NINE: Tue. & Thu. 7:30 - 9:00 PM (emphasis on match strategy, patterns of play, & fitness) Members - \$320 Non-members - \$380

LEVEL TEN: Tue. & Thu. 7:30 - 9:00 PM (emphasis on match strategy, patterns of play, & fitness) Members - \$320 / Non-members - \$380

DEADLINE: Mon., August 29th or until full.
LATE FEE: \$10 after 8/29/11
All class sizes are limited and full session participants have priority. If your level is full, you may enter a lower level, not a higher one.

Dates of Interest
Oct. 21-23, 2011 Junior Legends Tournament - Fall Session
Mon., Nov. 21, 2011 Star Academy Pizza Party - Levels 1-4 (4:00 - 5:30 PM)
Tue., Nov. 22, 2011 Star Academy Pizza Party - Levels 5-10 (4:00 - 5:30 PM)

Star Tennis Academy Registration (Fall 2011) - Deadline August 29th (a late fee will be assessed if accepted after deadline)

Name: _____ Address: _____

City: _____ State: _____ Zip: _____ Phone: () _____ - _____ Grade: _____

Age: _____ (As of 9/6/11) Day(s): _____ Level _____ (See master list at front desk.) Shirt size: YS YM YL S M L XL

Signature of Parent or Guardian: _____ Date _____

NOTE: The fees for this program are based on group lesson rates. The T-shirt, private lessons, Legends Tournament, and pizza party are included at no additional charge, if you participate in the entire session. There are no refunds or make-up days for those items or missed lesson days. (Parent's Initials _____)

Office use only: Fee: _____ + \$10 if accepted after August 29th
Cash / Check / Credit Card Date pd: _____
Emp. Initials: _____ (Attach receipt to registration form)



QUICKSTART TENNIS & STAR TENNIS ACADEMY



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Quickstart Tennis & Star Tennis Academy are designed to give students a variety of opportunities to expand their skills. This professionally taught program will offer skill appropriate levels for the beginner to national level players.

Winter Session: Dec. 6, 2010 - Feb. 19, 2011
See schedule on back page for excluded dates.

REGISTRATION DEADLINE IS SUN., NOV. 28th or until full. Class sizes are limited!! SEE LATE FEE BELOW.

Note: The tennis pros must approve the level participants enter. The following skill levels will include kids of different ages. Tennis skills participants should master prior to advancing to the next skill level are posted on the "Junior Tennis" board. Age, physical maturity, and attitude may also be used to determine the appropriate level. On average, students should expect to spend 4 or more sessions at each level.

QUICKSTART TENNIS/INTRODUCTORY PROGRAM

Levels 1 & 2 include professional instruction, a T-Shirt, and a Star Academy Pizza Party.

LEVEL ONE: (choose 1 day)

LEVEL TWO: (choose 1 day)

Grade K-2 Tues. or Thu. 3:30 - 4:30 PM or Sat. 1-2 PM
Grade 3-5 Tues. or Thu. 3:30 - 4:30 PM or Sat. 1-2 PM
Grade 6-8 Friday 4:00 - 5:00 PM
Grade 9-12 Friday 4:00 - 5:00 PM

Grade K-2 Tues. or Thu. 3:30 - 4:30 PM or Sat. 1-2 PM
Grade 3-5 Tues. or Thu. 3:30 - 4:30 PM or Sat. 1-2 PM
Grade 6-8 Friday 4:00 - 5:00 PM
Grade 9-12 Friday 4:00 - 5:00 PM

Fee: Tue. \$60 Thu. \$54 Fri. \$42 Sat. \$42 Fee: Tue. \$60 Thu. \$54 Fri. \$42 Sat. \$42

QUICKSTART TENNIS/DEVELOPMENT PROGRAM

Levels 3 & 4 include USA Team Tennis (Ralleyball), a T-Shirt, and a Star Academy Pizza Party. The Ralleyball program is a simplified version of tennis emphasizing fun, fitness, and strategy in a team format.

LEVEL THREE: All players will be assigned to a Ralleyball team.

LEVEL FOUR: All players will be assigned to a Ralleyball team.

Monday 4:00 - 5:00 PM and
USA Team Tennis (Ralleyball) on Wednesday 4:00 - 5:00 PM

Monday 4:00 - 5:00 PM and
USA Team Tennis (Ralleyball) on Wednesday 4:00 - 5:00 PM

Fee: \$160
or
Saturdays 2:00 - 3:00 PM and
USA Team Tennis (Ralleyball) on Wednesday 4:00 - 5:00 PM
Fee: \$136

Fee: \$160
or
Saturdays 2:00 - 3:00 PM and
USA Team Tennis (Ralleyball) on Wednesday 4:00 - 5:00 PM
Fee: \$136

STAR ACADEMY/COMPETITIVE PROGRAM

Levels 5 & 6 include a T-Shirt, Jr. Legends Tournament (to be used this session), 1/2 hr. private lesson (to be used this session), and the Star Academy Pizza Party.

LEVEL FIVE: Mon. & Wed. 5:00 - 6:00 PM LEVEL SIX: Mon. & Wed. 5:00 - 6:00 PM
Members - \$200 / Non-members - \$260

STAR ACADEMY/TOURNAMENT PROGRAM

Levels 7, 8, 9, & 10 include a T-Shirt, Jr. Legends Tournament (to be used this session), 1 hr. private lesson (to be used this session), and the Star Academy Pizza Party.

LEVEL SEVEN:	Tue. & Thu. 4:30 - 6:00 PM	Members - \$285 / Non-members - \$345
LEVEL EIGHT:	Tue. & Thu. 4:30 - 6:00 PM	Members - \$285 / Non-members - \$345
LEVEL NINE:	Tue. & Thu. 7:30 - 9:00 PM	Members - \$285 / Non-members - \$345
LEVEL TEN:	Tue. & Thu. 7:30 - 9:00 PM	Members - \$285 / Non-members - \$345

DEADLINE: Sun., Nov. 28th or until full.
LATE FEE: \$10 after 11/28/10
All class sizes are limited and full session participants have priority. If your level is full, you may enter a lower level, not a higher one.

<u>Dates of Interest</u>	
Dec. 28-30, 2010	Junior Legends Tournament - Winter Session
Feb. 21, 2011	Star Academy Pizza Party - Levels 1-4 (4:00 - 5:30 PM)
Feb. 22, 2011	Star Academy Pizza Party - Levels 5-10 (4:00 - 5:30 PM)

Star Tennis Academy Registration (Winter 2010-11) - Deadline November 28th (a late fee will be assessed if accepted after that date)

Name: _____ Address: _____
 City: _____ State: _____ Zip: _____ Phone: () _____ - _____ Grade: _____
 Age: _____ (As of 9/6/11) Day(s): _____ Level _____ (See master list at front desk.) Shirt size: YS YM YL S M L XL
 Signature of Parent or Guardian: _____ Date _____

NOTE: The fees for this program are based on group lesson rates. The T-shirt, private lessons, Legends Tournament, and pizza party are included at no additional charge, if you participate in the entire session. There are no refunds or make-up days for those items or missed lesson days. (Parent's Initials _____)

Office use only: Fee: _____ + \$10 if accepted after Nov. 28th
 Cash / Check / Credit Card Date pd: _____
 Emp. Initials: _____ (Attach receipt to registration form)



STAR TENNIS ACADEMY



Center Court Fitness Club, 1600 32nd Ave. S., Grand Forks, ND 58201 701-746-2790 (Phone) 701-746-2793 (fax)

Quickstart Tennis & Star Tennis Academy are designed to give students a variety of opportunities to expand their skills. This professionally taught program will offer skill appropriate levels for the beginner to national level players.

Spring Session: March 7 - May 17, 2011

See schedule on back page for excluded dates.

ENTRY DEADLINE IS SUN., FEB. 27th, or until full. Class sizes are limited!!

Note: The tennis pros must approve the level participants enter. The following skill levels will include kids of different ages. Tennis skills participants should master prior to advancing to the next skill level are posted on the "Junior Tennis" board. Age, physical maturity, and attitude may also be used to determine the appropriate level. On average, students should expect to spend 4 or more sessions at each level.

QUICKSTART TENNIS/INTRODUCTORY PROGRAM

Levels 1 & 2 include professional instruction, a T-Shirt, and a Star Academy Pizza Party.

LEVEL ONE: (choose 1 day)

Grade K-2 Tuesday 3:30 - 4:30 PM or Saturday 1:00 - 2:00 PM
Grade 3-5 Tuesday 3:30 - 4:30 PM or Saturday 1:00 - 2:00 PM
Grade 6-8 Friday 4:00 - 5:00 PM
Grade 9-12 Friday 4:00 - 5:00 PM

Fee: Tuesday \$66 Thursday \$60 Friday \$54 Saturday \$48

LEVEL TWO: (choose 1 day)

Grade K-2 Tuesday 3:30 - 4:30 PM or Saturday 1:00 - 2:00 PM
Grade 3-5 Tuesday 3:30 - 4:30 PM or Saturday 1:00 - 2:00 PM
Grade 6-8 Friday 4:00 - 5:00 PM
Grade 9-12 Friday 4:00 - 5:00 PM

Fee: Tuesday \$66 Thursday \$60 Friday \$54 Saturday \$48

QUICKSTART TENNIS/DEVELOPMENT PROGRAM

Levels 3 & 4 include USA Team Tennis (Rallyball), a T-Shirt, and a Star Academy Pizza Party. The Rallyball program is a simplified version of tennis emphasizing fun, fitness, and strategy in a team format.

LEVEL THREE: All players will be assigned to a Rallyball team.

Monday 4:00 - 5:00 PM and
Team Tennis (Rallyball) on Wednesday 4:00 - 5:00 PM

Fee: \$168

or

Saturdays 2:00 - 3:00 PM and
Team Tennis (Rallyball) on Wednesday 4:00 - 5:00 PM

Fee: \$144

LEVEL FOUR: All players will be assigned to a Rallyball team.

Monday 4:00 - 5:00 PM and
Team Tennis (Rallyball) on Wednesday 4:00 - 5:00 PM

Fee: \$168

or

Saturdays 2:00 - 3:00 PM and
Team Tennis (Rallyball) on Wednesday 4:00 - 5:00 PM

Fee: \$144

STAR ACADEMY/COMPETITIVE PROGRAM

Levels 5 & 6 include a T-Shirt, Jr. Legends Tournament (to be used this session), 1/2 hr. private lesson (to be used this session), and the Star Academy Pizza Party.

LEVEL FIVE: Mon. & Wed. 5:00 - 6:00 PM

LEVEL SIX: Mon. & Wed. 5:00 - 6:00 PM

Members - \$220 / Non-members - \$270

STAR ACADEMY/TOURNAMENT PROGRAM

Levels 7, 8, 9, & 10 include a T-Shirt, Jr. Legends Tournament (to be used this session), 1 hr. private lesson (to be used this session), and the Star Academy Pizza Party.

LEVEL SEVEN: Tue. & Thu. 4:30 - 6:00 PM

Members - \$315 / Non-members - \$365

LEVEL EIGHT: Tue. & Thu. 4:30 - 6:00 PM

Members - \$315 / Non-members - \$365

LEVEL NINE: Tue. & Thu. 7:30 - 9:00 PM

Members - \$315 / Non-members - \$365

LEVEL TEN: Tue. & Thu. 7:30 - 9:00 PM

Members - \$315 / Non-members - \$365

DEADLINE: Sun., Feb. 27th or until full. All class sizes are limited and full session participants have priority. If your level is full, you may enter a lower level, not a higher one.

<u>Dates of Interest</u>	
March 18-20	Junior Legends Tournament
May 18	Star Academy Pizza Party – Levels 1-4 (4:00-5:30 PM)
May 19	Star Academy Pizza Party – Levels 5-10 (4:00-5:30 PM)
June 6	Star Academy - Summer session begins

Star Tennis Academy Registration (Spring 2011) - Deadline Feb. 27th (a late fee will be assessed if accepted after that date)

Name: _____ Address: _____

City: _____ State: _____ Zip: _____ Phone: () _____ - _____ Grade: _____

Age: _____ (As of 9/6/11) Day(s): _____ Level _____ (See master list at front desk.) Shirt size: YS YM YL S M L XL

Signature of Parent or Guardian: _____ Date _____

NOTE: The fees for this program are based on group lesson rates. The T-shirt, private lessons, Legends Tournament, and pizza party are included at no additional charge, if you participate in the entire session. There are no refunds or make-up days for those items or missed lesson days. (Parent's Initials _____)

Office use only: Fee: _____ + \$10 if accepted after Feb. 27th
Cash / Check / Credit Card Date pd: _____
Emp. Initials: _____ (Attach receipt to registration form)



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Summer Session: June 6 - August 16, 2011
(See schedule on back for excluded dates.)

ENTRY DEADLINE IS FRI., MAY 27TH
or until full. Class sizes are limited!!

Note: The tennis pros must approve the level participants enter. The following skill levels will include kids of different ages. Tennis skills participants should master prior to advancing to the next skill level are posted on the "Junior Tennis" board. Age, physical maturity, and attitude may also be used to determine the appropriate level. On average students should expect to spend at least 3-4 sessions at each level.

QUICKSTART TENNIS / INTRODUCTORY PROGRAM

Levels 1 & 2 include professional instruction, a T-Shirt, and a Star Academy Pizza Party.

LEVEL ONE: (choose 1 day)

Grade K-2 Monday 1:00 - 2:00 PM or Wednesday 1:00 - 2:00 PM
Grade 3-5 Monday 1:00 - 2:00 PM or Wednesday 1:00 - 2:00 PM
Grade 6-8 Monday 11:15 - 12:15 PM
Grade 9-12 Monday 11:15 - 12:15 PM

Fee: Monday \$60 Wednesday \$60

LEVEL TWO: (choose 1 day)

Grade K-2 Monday 1:00 - 2:00 PM or Wednesday 1:00 - 2:00 PM
Grade 3-5 Monday 1:00 - 2:00 PM or Wednesday 1:00 - 2:00 PM
Grade 6-8 Monday 11:15 - 12:15 PM
Grade 9-12 Monday 11:15 - 12:15 PM

Fee: Monday \$60 Wednesday \$60

QUICKSTART TENNIS / DEVELOPMENT PROGRAM

Levels 3 & 4 include Team Tennis (Ralleyball), a T-Shirt, and a Star Academy Pizza Party. The Ralleyball program is a simplified version of tennis emphasizing fun, fitness, and strategy in a team format.

LEVEL THREE: Monday 2:00 - 3:00 PM and
Wednesday 2:00 - 3:00 PM (Ralleyball)

LEVEL FOUR: Monday 2:00 - 3:00 PM and
Wednesday 2:00 - 3:00 PM (Ralleyball)

Fee: \$160

STAR TENNIS ACADEMY / COMPETITIVE PROGRAM

Levels 5 & 6 include a T-Shirt, Jr. Legends Tournament (to be used this session), 1/2 hr. private lesson (to be used this session), and the Star Academy Pizza Party. **NEW for summer: All players will have matches assigned both during the lesson time and at other times during the session. There will be no additional charge for matches we schedule outside of the lesson time.**

LEVEL FIVE: Tue. & Thu. 1:00 - 2:00 PM **LEVEL SIX:** Tue. & Thu. 2:00 - 3:00 PM

Members - \$220 / Non-members - \$280

STAR TENNIS ACADEMY / TOURNAMENT PROGRAM

Levels 7, 8, 9, 10 include a T-Shirt, Jr. Legends Tournament (to be used this session), 1 hr. private lesson (to be used this session), and the Star Academy Pizza Party. **NEW for summer: All players will have matches assigned both during the lesson time and at other times during the session. There will be no additional charge for matches we schedule outside of the lesson time.**

LEVEL SEVEN: Tue. and Thu. 10:30 AM - 12:00 PM **Members - \$300 / Non-members - \$360**

LEVEL EIGHT: Tue. and Thu. 10:30 AM - 12:00 PM **Members - \$300 / Non-members - \$360**

LEVEL NINE: Tue. and Thu. 3:30 - 5:00 PM **Members - \$300 / Non-members - \$360** (This level will be held at Register Tennis Complex.)

LEVEL TEN: Tue. and Thu. 3:30 - 5:00 PM **Members - \$300 / Non-members - \$360** (This level will be held at Register Tennis Complex.)

DEADLINE: Fri., May 27th or until full. All class sizes are limited and full session participants have priority. If your level is full, you may enter a lower level, not a higher one.

<u>Dates of Interest</u>	
June 24-26	China Garden Classic Tennis Tournament
July 27-29	Junior Legends Tournament
August 17	Star Academy Pizza Party – Levels 1-4 (1:00 - 2:00 PM)
August 18	Star Academy Pizza Party – Levels 5-10 (1:00 - 2:00 PM)

Quickstart & Star Tennis Academy Registration (Summer 2011) - Deadline May 27th (a late fee will be assessed if accepted after that date)

Name: _____ Address: _____

City: _____ State: _____ Zip: _____ Phone: () _____ - _____ Grade: _____

Age: _____ (As of 9/6/11) Day(s): _____ Level _____ (See master list at front desk.) Shirt size: YS YM YL S M L XL

Signature of Parent or Guardian: _____ Date _____

NOTE: The fees for this program are based on group lesson rates. The T-shirt, private lessons, Legends Tournament, and pizza party are included at no additional charge, if you participate in the entire session. There are no refunds or make-up days for those items or missed lesson days. (Parent's Initials _____)

Office use only: Fee: _____ + \$10 if accepted after May 27th
Cash / Check / Credit Card Date pd: _____
Emp. Initials: _____ (Attach receipt to registration form)

Star Academy Price Structure

NOTICE

Levels 1 & 2

1 hour group lesson = \$7.00/lesson day

Levels 5 & 6

1 hour group lesson = \$12.00/lesson day

Levels 3 & 4

1 hour group lesson = \$9.00/lesson day

Levels 7, 8, 9 & 10

1 1/2 hour group lesson = \$16.00/lesson day

Fee are pro-rated only when:

- 1) a participant enters the session late. The participant is not charged for the days prior to their start date. The participant will not be credited for any missed sessions that date.
- 2) a participant will be ending the session prior to the end date. This must be determined when they register and the participant will not be credited for any missed sessions prior to the approved end date.
- 3) Walk-in fees are no longer available. Participants must sign-up for the program.