



# STAR TENNIS ACADEMY



Center Court Fitness Club, 1600 32nd Ave. S., Grand Forks, ND 58201 701-746-2790 (Phone) 701-746-2793 (fax)

The USA 1-2-3 and Star Tennis Academy are a level progression program designed to give students a variety of opportunities to expand their skills. This professionally taught program will offer skill appropriate levels for the beginner to national level players.

**Fall Session: September 7 - November 20, 2010**  
See schedule on back page for excluded dates.

REGISTRATION DEADLINE IS MON., AUGUST 30th or until full. Class sizes are limited!! SEE LATE FEE BELOW.

*Note: The tennis pros must approve the level participants enter. The following skill levels will include kids of different ages. Tennis skills participants should master prior to advancing to the next skill level are posted on the "Junior Tennis" board. Age, physical maturity, and attitude may also be used to determine the appropriate level. On average, students should expect to spend 4 or more sessions at each level.*

## QUICKSTART TENNIS/INTRODUCTORY PROGRAM

Learning to play tennis is as easy as 1-2-3 with this introductory instructional tennis program. The lesson program is designed to quickly teach students the fundamental strokes and techniques of tennis.

Levels 1 & 2 include professional instruction, a T-Shirt, and a Star Academy Pizza Party.

### LEVEL ONE: (choose 1 day)

### LEVEL TWO: (choose 1 day)

Grade K-2 Tuesday 3:30 - 4:30 PM or Saturday 1:00 - 2:00 PM  
Grade 3-5 Tuesday 3:30 - 4:30 PM or Saturday 1:00 - 2:00 PM  
Grade 6-8 Friday 4:00 - 5:00 PM  
Grade 9-12 Friday 4:00 - 5:00 PM

Grade K-2 Tuesday 3:30 - 4:30 PM or Saturday 1:00 - 2:00 PM  
Grade 3-5 Tuesday 3:30 - 4:30 PM or Saturday 1:00 - 2:00 PM  
Grade 6-8 Friday 4:00 - 5:00 PM  
Grade 9-12 Friday 4:00 - 5:00 PM

Fee: Tue. \$66 Fri. \$54 Sat. \$54

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## QUICKSTART TENNIS/DEVELOPMENT PROGRAM

Levels 3 & 4 include USA Team Tennis (Rallyball), a T-Shirt, and a Star Academy Pizza Party. The Rallyball program is a simplified version of tennis emphasizing fun, fitness, and strategy in a team format.

### LEVEL THREE: All players will be assigned to a Rallyball team.

### LEVEL FOUR: All players will be assigned to a Rallyball team.

Monday 4:00 - 5:00 PM and  
USA Team Tennis (Rallyball) on Wednesday 4:00 - 5:00 PM

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Fee: \$160

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or  
Saturdays 2:00 - 3:00 PM and  
USA Team Tennis (Rallyball) on Wednesday 4:00 - 5:00 PM

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Saturdays 2:00 - 3:00 PM and  
USA Team Tennis (Rallyball) on Wednesday 4:00 - 5:00 PM

Fee: \$160

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## STAR ACADEMY/COMPETITIVE PROGRAM

Levels 5 & 6 include a T-Shirt, Jr. Legends Tournament (to be used this session), 1/2 hr. private lesson (to be used this session), and the Star Academy Pizza Party.

LEVEL FIVE: Mon. & Wed. 5:00 - 6:00 PM      LEVEL SIX: Mon. & Wed. 5:00 - 6:00 PM  
Members - \$220 / Non-members - \$280

## STAR ACADEMY/TOURNAMENT PROGRAM

Levels 7, 8, 9, & 10 include a T-Shirt, Jr. Legends Tournament (to be used this session), 1 hr. private lesson (to be used this session), and the Star Academy Pizza Party.

LEVEL SEVEN: Tue. & Thu. 4:30 - 6:00 PM      Members - \$300 / Non-members - \$360

LEVEL EIGHT: Tue. & Thu. 4:30 - 6:00 PM      Members - \$300 / Non-members - \$360

LEVEL NINE: Tue. & Thu. 7:30 - 9:00 PM (emphasis on fitness, match strategy and patterns of play)      Members - \$300 / Non-members - \$360

LEVEL TEN: Tue. & Thu. 7:30 - 9:00 PM (emphasis on fitness, match strategy and patterns of play)      Members - \$300 / Non-members - \$360

**DEADLINE: Mon., August 30th or until full.**  
**LATE FEE: \$10 after 8/30/10 (see back)**  
All class sizes are limited and full session participants have priority. If your level is full, you may enter a lower level, not a higher one.

Dates of Interest  
Oct. 22-24, 2010      Junior Legends Tournament - Fall Session  
Mon., Nov. 22, 2010      Star Academy Pizza Party - Levels 1-4 (4:00 - 5:30 PM)  
Tue., Nov. 23, 2010      Star Academy Pizza Party - Levels 5-10 (4:00 - 5:30 PM)

**Star Tennis Academy Registration (Fall 2010) - Deadline August 30th (a late fee will be assessed if accepted after deadline)**

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_ - \_\_\_\_\_ Grade: \_\_\_\_\_

Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Day(s): \_\_\_\_\_ Level \_\_\_\_\_ (Player level assignments are posted on the tennis board.)

Signature of Parent or Guardian: \_\_\_\_\_ Date \_\_\_\_\_

**NOTE: The fees for this program are based on group lesson rates. The T-shirt, private lessons, Legends Tournament, and pizza party are included at no additional charge, if you participate in the entire session. There are no refunds or make-up days for those items or missed lesson days. (Parent's Initials \_\_\_\_\_)**

**Office use only:** Fee: \_\_\_\_\_ + \$10 if accepted after August 30th  
Cash / Check / Credit Card      Date pd: \_\_\_\_\_  
Emp. Initials: \_\_\_\_\_ (Attach receipt to registration form)