

Center Court Fitness Club  
**ADULT GRAND AM BASKETBALL TOURNAMENT**  
**Rules and Regulations**

#### GAME RULES

- All games will be played under NCAA rules, except those that differ below.
- No player is allowed to wear jewelry during play.
- Due to the potential for damage to school property, no dunking is allowed. A technical foul will be called against any player that dunks and teams are liable for damage to backboards.
- Any player dunking during warm-ups will be assessed a technical foul and must sit for the first 10 minutes of game!

#### TIMES

- Games will start at the time shown on the schedule or immediately after the prior game.
- A maximum of ten minutes will be allowed for warm-up time. Warm-up time will be reduced if games are running late.
- Please be available at least 15 minutes before your scheduled game time. Games will be forfeited five minutes after your scheduled game time.
- Games will consist of (2) 20 min. halves with stop time for all divisions. The clock will not stop after a basket.
- There is no 35-second clock and teams are allowed (3) 1-minute time-outs per game.
- Half-time is 5 min. maximum.
- In the second half, the clock will run if the margin of score is greater than 25 pts.
- Overtime will consist of 3 min. periods to settle regulation time ties.
- Teams will have (1) 1-minute timeout in the overtime. Timeouts do not carryover from regulation time or to additional overtimes.
- If you are unsure of your next game time, you must check with the tournament director.

#### TEAM REQUIREMENTS

- Teams are responsible for bringing their own medical kit (i.e. athletic tape, bandages, ice packs).
- Team shirts with visible numbers are required. Players must wear team shirts of the same color.
- High school players may not participate in the tournament unless they are 18 years old and have spoken to their high school coach regarding eligibility restrictions.
- Current college players must play in the Open division. (Players are responsible for confirming restrictions regarding college eligibility. Check with your coach.)
- No former college players (including red-shirted players or those that participated even one day) are permitted to play in the Recreation division.
- Former Division I or Division II players must play in the Open division unless otherwise approved by the tournament director(s).
- Teams with (3) or more former college players must play in the Open division.
- Former professional players must contact the tournament director(s) regarding participation.
- The tournament directors reserve the right to reclassify teams in order to promote equal competition. Teams winning a division may be bumped up a division the following year. If teams cannot compete at the next level, they may appeal to move back down the following year. A team with 3 or more returning players is considered to be the same team as the previous year. League administration shall make the final decision on appeal.
- All players must be listed on the team roster and have paid. Substitutes are not permitted.
- You are only allowed to compete on one roster in the tournament unless you are over 30 years of age and you wish to compete in the Men's Open, A, or in any of the age divisions. Schedules will not be adjusted to accommodate players playing on more than one team.
- No former college players are allowed in the Recreation division, unless they are age 45 or over and have written approval from the tournament director(s).
- Teams are subject to being checked for age and identification. Player must have their ID available at all times.
- Teams playing with illegal players will forfeit their game.
- Teams may play with 4 players. Teams with less than 4 players must forfeit.
- Teams must start play on time if they have 4 players available, but players may enter the game late as long as they are on the roster.

## FOULS

- When playing with only 4 or 5 players, players are permitted to stay in the game after their 5<sup>th</sup> foul, but the 6<sup>th</sup> foul will be an intentional foul resulting in (2) shots and the ball out of bounds. (Players sitting for a technical foul cannot re-enter the game, even if a team is short players.)
- When a technical foul occurs, a player must sit for 10 minutes of the game.
- If the player commits a second technical foul, the player is ejected from the game and may be suspended from the tournament.
- Any players initiating a fight with another player, making contact with an official, or threatening a player or official will be suspended from the tournament.

## CONDUCT AND INTERACTION WITH OFFICIALS AND SITE SUPERVISORS

- The coach/manager (identified at the start of the game) will be the only team spokesperson on all matters. This privilege is given only for clarification of a call or situation that occurs.
- At no time shall the coach/manager interrupt play, use unsportsmanlike conduct toward officials, use profanity, or question the calls of the officials.
- Any other player abusing this rule shall be given a warning or technical foul at the discretion of the official.
- Players who have consumed alcoholic beverages before playing will be required to leave. Resistance will result in a forfeit.
- Teams must show respect to all fellow players, referees and workers.
- The tournament director(s) reserve the right to eject any player, or team that is disrupting the tournament. In such case, there will be no refund of fees.